

# WOMEN'S WELL-BEING RETREAT



10-12, 2008

Relax in a 3600sq ft Log Cabin on the Shores of Lovely Lake Huron. Two Nights Waterfront Accommodations!

5 Gourmet Meals, Rejuvenation Kits, Yoga, Meditation, and Workshops by Leading Experts, Healthy Living, Reinventing Ourselves, and Brain On!/Brain Defender- All Inclusive Weekend \$475.00!

Space is Limited! You're Worth It! Contact Marla Ruhana 586-447-2162 or [www.marlaruhana.com](http://www.marlaruhana.com)